

What is a Friend?

Friends are an important part of our lives, and they are special people.

A friend is someone you can talk to, someone you can depend on, someone you can go to if you need help, someone who makes you feel happy. If you have a friend, it is because they have **chosen to be your friend.**

But to have a friend or friends, you yourself must be a friend. **Colour the boxes with the behaviours that you need to make a friend,** to have a friend, or even to keep a friend.

Hurt a person's feelings	Be happy for your friend when they do well	Tell lies about someone	Tell someone to go away without explaining why	Say nice things about your friend	Gossip about your friend
Gang up on a person	Physically hurt someone	Only be a friend if they give you something	Leave someone out of a game	Make fun of your friend in front of others	Don't listen to a person's ideas
Listen to what your friend is saying	Talk about how good you are at everything all the time	Look meanly at others	Don't play any of their games	Threaten to hurt your friend	Be true to your words (do what you say you are going to do)
Help your friend in need	Give thoughtful advice to your friend when they ask.	Be loyal	Be real	Keep your friends secret	Be honest
Write nasty notes	Give your friend space	Share	Be respectful	Treat your friend the way that you would like to be treated.	Act sad all the time for attention



And remember, you don't have to be friends with *everyone*, but always treat *everyone* the way that you would like to be treated.

Give out happiness, and it comes right back to you.